



You Are Not Alone

**The Augustine Fellowship  
Sex and Love Addicts Anonymous**

Meeting schedule updated 1/18/20

**All meetings listed below are closed meetings.**

Closed meetings are open only to those who believe they may have a problem with sex and love addiction.

**Capital Region Intergroup, SLAA**

Please bring questions, concerns and group contributions to Intergroup meetings, or ask a trusted servant.

Message Center: (518) 292-0123

[www.capitalregionslaa.org](http://www.capitalregionslaa.org)

[capregslaa@gmail.com](mailto:capregslaa@gmail.com)

**SLAA Fellowship-Wide Services**

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[info@slaafws.org](mailto:info@slaafws.org)

Day	Time	Group	M/F	Meeting Type	Location	Directions / Notes
Sunday	7:00-8:30pm	Home Stretch Group	Co-ed	Step	Unitarian Universalist Church 624 N Broadway, Saratoga Springs	Corner of Rock St & N Broadway.
	7:30-8:30pm	Weekend Wrap—Up	Co-ed	Step / Meditation	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go to the side door and ring the bell. <b>The meeting is up the stairs first door on the right.</b>
Monday	7:30-8:30pm	Monday Night Clifton Park	Co-ed	Topic & 1st Week Step	Prince of Peace Lutheran Church 4 Northcrest Dr, Clifton Park, NY 12065	West from I-87 Exit 9.
Tuesday	7:30-9:00pm	Tuesday Night Men's Group	M	Topic & 1st Week Step	<b>Capital District Recovery Center 45 Colvin Ave Albany, NY 12206</b>	Use the side entrance right off of the parking lot with a CDRC sign over it. Then it's upstairs on the 2nd floor. Room will be labeled with a sign on the door.
Wednesday	noon-1pm	Wednesday Noon Group	Co-ed	Step	Christ of Our Light Church 1 Maria Drive, Loudonville	Downstairs through the lower parking lot entrance, and the last door on the right after making two rights upon entering.
Thursday	7:00-8:30pm	Inside Out Group	Co-ed	Topic Discussion	Temple Sinai, 509 Broadway, Saratoga Springs 12866	Annex, to right in back.
Friday	6:00-7:00pm	Serenity Group	Co-ed	Rotating Format	<b>Capital District Recovery Center 45 Colvin Ave Albany, NY 12206</b>	Use the side entrance right off of the parking lot with a CDRC sign over it. Then it's upstairs on the 2nd floor. Room will be labeled with a sign on the door.
Saturday	9:00-10:30am	Shamebusters Group	Co-ed	Step	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go to the side door and ring the bell. <b>The meeting is up the stairs first door on the right.</b>
	<b>10:45 am-Noon</b> Third Saturday of odd-numbered months	Capital Region Intergroup of S.L.A.A.	Co-ed	Business	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go to the side door and ring the bell. <b>The meeting is up the stairs second door on the right.</b>

**Notes:** To submit additions or corrections to this schedule, please call the local Message Center or e-mail [capregslaa@gmail.com](mailto:capregslaa@gmail.com).

\*Bold text indicates a recent change to the schedule.

\*SLAA is listed publicly as "Augustine Fellowship" for anonymity purposes.