



You Are Not Alone

**The Augustine Fellowship  
Sex and Love Addicts Anonymous**  
Meeting schedule updated **12/12/18**  
**All meetings listed below are closed meetings.**  
Closed meetings are open only to those who believe they may have a problem with sex and love addiction.

**Capital Region Intergroup, SLAA**  
Please bring questions, concerns and group contributions to Intergroup meetings, or ask a trusted servant.  
Message Center: (518) 292-0123  
[www.capitalregionslaa.org](http://www.capitalregionslaa.org)  
[capregslaa@gmail.com](mailto:capregslaa@gmail.com)

**SLAA Fellowship-Wide Services**  
1550 N.E. Loop 410, Suite 118,  
San Antonio, TX 78209-1626  
Phone: (210) 828-7900  
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[www.slaafws.org](http://www.slaafws.org)  
[info@slaafws.org](mailto:info@slaafws.org)

Day	Time	Group	M/F	Meeting Type	Location	Directions / Notes
Sunday	7:00-8:30pm	Home Stretch Group	Co-ed	Step	Unitarian Universalist Church 624 N Broadway, Saratoga Springs	Corner of Rock St & N Broadway.
	7:30-8:30pm	Weekend Wrap—Up	Co-ed	Step / Meditation	Pine Grove Methodist Church 1580 Central Ave, Albany	I-87, Exit 2W about 3/4 mi on left. Ground level, corner room with glass and vertical blinds.
Monday	7:30- <b>8:30</b> pm	Monday Night Clifton Park	Co-ed	Topic & 1st Week Step	Prince of Peace Lutheran Church 4 Northcrest Dr, Clifton Park, NY 12065	West from I-87 Exit 9.
Tuesday	7:30-9:00pm	Tuesday Night Men's Group	M	Topic & 1st Week Step	<b>Capital District Recovery Center</b> <b>45 Colvin Ave</b> <b>Albany, NY 12206</b>	Use the side entrance right off of the parking lot with a CDRC sign over it. Then it's upstairs on the 2nd floor. Room will be labeled with a sign on the door.
Wednesday	noon-1pm	Wednesday Noon Group	Co-ed	Step	Christ of Our Light Church 1 Maria Drive, Loudonville	Downstairs through the lower parking lot entrance, and the last door on the right after making two rights upon entering.
Thursday	7:00-8:30pm	Inside Out Group	Co-ed	Topic Discussion	Temple Sinai, 509 N Broadway, Saratoga Springs 12866	Annex, to right in back.
Friday	6:00-7:00pm	Serenity Group	Co-ed	Rotating Format	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go in the front door, <b>meeting is to the left, up the stairs.</b>
Saturday	9:00-10:30am	Shamebusters Group	Co-ed	Step	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go in the front door, <b>meeting is to the left, up the stairs</b>
	<b>10:45 am-Noon</b> Third Saturday of odd-numbered months	Capital Region Intergroup of S.L.A.A.	Co-ed	Business	Pine Grove Methodist Church 1580 Central Ave, Albany	I-87, Exit 2W about 3/4 mi on left. <b>Top floor, Room #3</b>

**Notes:** To submit additions or corrections to this schedule, please call the local Message Center or e-mail [capregslaa@gmail.com](mailto:capregslaa@gmail.com).

\*Bold text indicates a recent change to the schedule.

\*SLAA is listed publicly as "Augustine Fellowship" for anonymity purposes.

