

Capital Region SLAA Intergroup Minutes

9-15-2018

Attendees

- Tom P. (Web Coordinator, Sunday Saratoga Rep.)
- Joe G. (Saturday, Sunday Colonie, Friday Rep & Email Coordinator)
- Michael (Intergroup Treasure)
- Marcia (Tuesday Phone Rep)
- Loni (Wednesday Rep & SLAA-a-thon Coordinator)
- Pamela (Saturday Treasurer)

Group Reports

Sunday Colonie - Averaging around 12pp. In good financial standing.

Sunday Saratoga - Averaging 6-8pp. In good financial standing. Recently placed a literature order. Voted at business meeting to add a 5min mediation at beginning of meeting for the month to test new format.

Monday Clifton Park - Averaging 6-8pp. Moved to Prince of Peace. Rent is \$20 a month. In good financial standing.

Tuesday Men's - No official report. Joe said it is averaging around 8pp and is financially stable.

Wednesday Noon - Averaging around 10-15pp. Started doing chips for time and now has a business meeting. Financially stable. Looking to make a donation to intergroup.

Thursday Saratoga - No report

Friday Albany - Average around 13pp.

Saturday Colonie - Averaging 12- 20pp. They have a \$50 prudent reserve and \$232 in account. Looking to place a literature order.

Secretary's Report

No Report.

Treasurer's Report

\$251.96 in Account. Room rent paid on 9/15. No new donations from groups received. Last donation was April 2018.

Phone Coordinator's Report

Marcia said there had been no calls received on Mondays on the phone for the past month. Question the need of a phone line. Michael reported we pay \$36.63 a month for phone. Michael said there are message every once and a while on Tuesdays. Tom P. mentioned that he still thinks there is a need, and is reluctant to get rid of it as this was the way he found out about the fellowship.

Email Coordinator's Report

Joe reported that he received 5 emails since last intergroup. 3 were spam. 1 was received on a Sunday inquiring about the meeting that evening in Colonie and if it was still happening. Joe said he responded the next day. Marcia question the timing of the response. Joe said he did not see it until the day after and then responded, recipient responded that they did attend the meeting and thanked them for responding. 1 email was received from the greater Delaware intergroup (see attached) inquiring about our intergroup. The group voted to respond and Joe said he would respond.

Web Coordinator's Report

Tom P. reported that he reached out to the web hosting company to inquire about resetting the account information for the hosting service, currently in old treasures name. He received a response from the company which included a form to fill out and requested our Articles of Incorporation as proof. Marcia said she had the AOI and would send it. Michael agreed to provide bank statements if necessary. Tom said he would fill the form out and send it in. Marcia question the purpose of this. Tom explained that the group had voted previously to updated the website and to do this it was required to get full access to the website, currently we only have the ability to edit text.

Old Business

Loni reported that the SLAA-A-THON needs \$150 dollars to pay the room rent for the day. Michael said he will bring check next Saturday. Loni said that she would deliver check to church. Loni reported that there was \$38 dollars from the old women's meeting that would be used for plates and cups. They were still in need of a chair for one meeting and a female speaker for another. She reported there are pot luck sign up sheets at some of the meetings.

Joe reported the meeting notes from last meeting were sent on July 15th. Tom said he would post them to the website. Joe said that Pete sent the full AA safety guidelines (4 pages) as well. Marcia said she had a shorter index card of AA safety guidelines. Tom asked if there was any discussion of safety and the incident at the Saturday business meeting. Pamela reported that the Saturday group voted to defer to intergroup for guidance. Marcia asked that this be the first topic of business at the next intergroup meeting.

The next intergroup meeting is 11-17-2018.

No 7th tradition. Michael said the group voted to for go 7th tradition and rely on donations from the groups.

New Business

From: Capital Region SLAA capregslaa@gmail.com
Subject: Fwd: NY SLAA meetings (upstate)
Date: September 16, 2018 at 11:45 AM



Hey Tom,

Here is that email we discussed at intergroup.

Joe

----- Forwarded message -----

From: ADF ADF <learningabtmyself@gmail.com>
Date: Sat, Aug 4, 2018 at 2:46 PM
Subject: NY SLAA meetings (upstate)
To: <capregslaa@gmail.com>

Hi

My name is Ari from NJ and I am an Intergroup rep for Greater Delaware Valley (pa, nj, and del)

I just came back from ABM and had a few questions:

1. how active is your intergroup
2. is your meeting list up to date
3. if a newcomer saw your meeting list and called the phone #, how quickly will they receive a call back
4. did you know there is an intergroup service committee that anyone from your area is invited to participate on? It is a monthly phone conference which discusses ideas on how intergroups can help each other - for example, their current project is creating an online forum so that your intergroup can have a place to receive and offer help/suggestions.

The monthly committee meets on the 3rd Sunday of each month (they will start up again in September) at 2pm EST. If you'd like more contact information, I would be happy to share with you.

Thank you
Ari NJ