



You Are Not Alone

The Augustine Fellowship
Sex and Love Addicts Anonymous
 Meeting schedule updated 9/4/16
All meetings listed below are closed meetings.
 Closed meetings are open only to those who believe they may have a problem with sex and love addiction.

Capital Region Intergroup, SLAA
 Please bring questions, concerns and group contributions to Intergroup meetings, or ask a trusted servant.
 Message Center: (518) 292-0123
www.capitalregionslaa.org
capregslaa@gmail.com

SLAA Fellowship-Wide Services
 1550 N.E. Loop 410, Suite 118,
 San Antonio, TX 78209-1626
 Phone: (210) 828-7900
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info@slaafws.org

Day	Time	Group	M/F	Meeting Type	Location	Directions / Notes
Sunday	7:00-8:30pm	Home Stretch Group	Co-ed	Step	Unitarian Universalist Church 624 N Broadway, Saratoga Springs	Corner of Rock St & N Broadway.
	7:30-8:30pm	Weekend Wrap—Up	Co-ed	Step / Meditation	Pine Grove Methodist Church 1580 Central Ave, Albany	I-87, Exit 2W about 3/4 mi on left. Ground level, corner room with glass and vertical blinds.
Monday	7:30-8:30pm	Monday Night Clifton Park	Co-ed	Topic & 1st Week Step	St. George Episcopal Church, Rte 146, Clifton Park	West from I-87 Exit 9. 1.5 mi on left. Far left entrance to the church. First & second doors on right once inside.
Tuesday	7:30-9:00pm	Tuesday Night Men's Group	M	Topic & 1st Week Step	Korean Catholic Church, 15 Exchange St., Albany	I-90 Exit 5 (Everett Rd.). North to first traffic light, then right 1 block. Park in rear of church.
	6:00-7:00pm	Tuesday Night Women's Group	F	Big Book	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go in the front door, meeting is to the left, up the stairs
Wednesday	noon-1pm	Wednesday Noon Group	Co-ed	Step	Christ of Our Light Church 1 Maria Drive, Loudonville	
Thursday	7:00-8:30pm	Inside Out Group	Co-ed	Topic Discussion	Temple Sinai, 519 N Broadway, Saratoga Springs	Annex, to right in back.
Friday	6:00-7:00pm	Serenity Group	Co-ed	Rotating Format	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go in the front door, meeting is to the left, up the stairs.
Saturday	9:00-10:30am	Shamebusters Group	Co-ed	Step	Pine Grove Methodist Church 1580 Central Ave, Albany	Central Ave (Route 5), 1/4 mile west of the Northway. Go in the front door, meeting is to the left, up the stairs
	10:45 am-Noon Third Saturday of odd-numbered months	Capital Region Intergroup of S.L.A.A.	Co-ed	Business	Pine Grove Methodist Church 1580 Central Ave, Albany	I-87, Exit 2W about 3/4 mi on left. Top floor, Room #3

Notes: To submit additions or corrections to this schedule, please call the local Message Center or e-mail capregslaa@gmail.com.

*Bold text indicates a recent change to the schedule.

*SLAA is listed publicly as "Augustine Fellowship" for anonymity purposes.