



The “Goodnight Group” of Slaa

~ A TELECONFERENCE MEETING ~

Every Thursday, 9:30-10:00

A meeting designed for a brief “checking-in” at
the end of your day!

BEGINS THURSDAY 2-12-09

219-509-8333 (wait for prompt) 2407704#

Pete F., Contact—518 312-0193

Format*

1. Check-In:
 - a. Bottom Lines
 - b. 3 Affirmations
 - c. How are you feeling :
Physically?
Emotionally?
Spiritually?
 - d. Lapses or “slips” today.
 - e. Highlight(s) today
2. 30-second share, as needed.
3. Serenity Prayer
4. Goodnight!

