



You Are Not Alone

**The Augustine Fellowship
Sex and Love Addicts Anonymous**

Meeting Schedule Updated: **12/11/2009**

All meetings listed below are closed meetings

Closed meetings are open only to those who have a desire to stop acting out on their personal bottom-line addictive behavior.

Capital Region Intergroup of
S.L.A.A.

P.O. Box 139

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S.L.A.A. Fellowship-Wide Services

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Day	Time	Group	M/F	Meeting Type	Location	Directions / Notes
Sunday	7:00-8:30pm	Home Stretch Group	Co-ed	Step	Saratoga Springs	For street address please contact the hotline
	7:30-8:30pm	Weekend Wrap—Up	Co-ed	Step / Meditation	Pine Grove Methodist Church, 1580 Central Ave, Albany	West from I-87, Exit 2W about 3/4 mi on left.
Monday	6:00-7:00pm	Monday Night Stone Ridge	Co-ed	Topic	Christ the King Church, 3021 State Rte 213 East, Stone Ridge	
	7:30-9:00pm	Monday Night Clifton Park	Co-ed	Topic & 1st Week Step	St. George Episcopal Church, Rte 146, Clifton Park	West from I-87 Exit 9. 1.5 mi on left. Moved to choir room in LEFT annex to the church.
Tuesday	7:30-9:00pm	Tuesday Night Men's Group	M	Topic & 1st Week Step	St Francis DeSales Church, 1 Maria Drive, Loudonville	I-87 Exit 4 (Airport). South-east on Albany Shaker Rd. approx 1 mile. Right onto Maria Dr. Follow Maria Dr. for approx 1/2 mile
Wednesday	noon-1pm	Wednesday noon group	Co-ed	Step	Loudonville	For street address please contact the hotline
	6:00-7:00pm	All Welcome Rainbow Group (Open to all)	Co-ed	Speaker/Topic & 1st Week Step	Albany	For street address please contact the hotline
	7:00-8:00pm	Wednesday Night Women's Winners Group	F	Step	Latham	For street address please contact the hotline
Thursday	7:00-8:30pm	Inside Out Group	Co-ed	Topic Discussion	Temple Sinai, 519 N Broadway, Saratoga Springs	Annex, to right in back.
Friday	6:00-7:00pm	Serenity Group	Co-ed	Speaker & Step	Bethany Reformed Church, 760 New Scotland Ave, Albany	Near Maria College, past St Peter's Hospital going toward Krunkill Rd.
	7:30-8:30pm	No Upper Limit Group	Co-ed	Meditation & Topic	Newtonville Methodist Church, corner of Maxwell Rd & Rte 9, Newtonville	East from I-87 Exit 5 to Rte 9 then 1.75 mi. south. On the right.
Saturday	9:00-10:30am	Shamebusters Group	Co-ed	Step	Pine Grove Methodist Church, 1580 Central Ave, Albany	West from I-87, Exit 2W about 3/4 mi on left.
	noon-1pm	Bennington Noon	Co-ed	Step, Speaker, Topic	Bennington, VT	For street address please contact the hotline
	11:30-12:30pm 3rd Sat of Jan, Mar, May, Jul, Sep, Nov	Capital Region Intergroup of S.L.A.A.	Co-ed	Business	St. George Episcopal Church, Rte 146, Clifton Park	West from I-87 Exit 9. 1.5 mi on left at cluster of white buildings.

Notes: 4th Tradition States that all groups should be autonomous except in matters affecting SLAA as a whole.
Only those groups who voted to display their street address have theirs displayed.
Please call the local hotline and leave a message if there are any additions or corrections to this schedule.

Monday Women's group folded
Wednesday Men's group folded
Thursday teleconference group folded